Testimonial for your website -

Shirani at the Santhosa Yoga and Meditation School embodies her teaching. Hew knowledge of Kashmir Shaivism Yoga is very extensive, yet she calls herself a student after some 30 years of dedicated practice. The results of her own disciplines shine through her care and concern for every student whilst also encouraging us to give our best efforts in class. Her Dharma is inspiring. I can drive to class feeling very tired but come away energised, balanced and positive. I have no hesitation in highly recommending Shirani as a perfect Yoga Teacher.

Meg Renfrey.