Review

I have been attending Yoga classes with Shirani Perera for nearly 4 years.

 I have found Shirani to be an excellent teacher.  She is very knowledgeable and always demonstrates new poses. To assist her students.

She is liberal with praise when something is well done and always very encouraging.

I certainly feel as if I have achieved a good deal of confidence in my Yoga classes over the past 4 years and am very grateful to Shirani for her tuition.

Shirani is very experienced in Yoga herself and is generous in passing this knowledge on to her students.

I would, without hesitation, recommend Shirani to anyone wishing to take classes in Yoga

Jan Cheshire